

# Nutrition Facts

|                           | Soft Pretzel Nuggets     | Soft Pretzel Nuggets With Butter And Salt | Soft Pretzel Nuggets With Butter And Cinnamon Sugar |
|---------------------------|--------------------------|-------------------------------------------|-----------------------------------------------------|
| Serving Size              | Approx. 8 Nuggets (113g) | Approx. 8 Nuggets (117g)                  | Approx. 8 Nuggets (123g)                            |
| Servings Per Container    | 4                        | 4                                         | 4                                                   |
| <b>Amount Per Serving</b> |                          |                                           |                                                     |
| <b>Calories</b>           | <b>200</b>               | <b>310</b>                                | <b>330</b>                                          |
| Calories from Fat         | 20                       | 40                                        | 40                                                  |
|                           | <b>% Daily Value*</b>    | <b>% Daily Value*</b>                     | <b>% Daily Value*</b>                               |
| <b>Total Fat</b>          | 2.5g 4%                  | 4.5g 7%                                   | 4.5g 7%                                             |
| Saturated Fat             | 1g 5%                    | 2.5g 13%                                  | 2.5g 13%                                            |
| Trans Fat                 | 0g                       | 0g                                        | 0g                                                  |
| <b>Cholesterol</b>        | 0mg 0%                   | 5mg 2%                                    | 5mg 2%                                              |
| <b>Sodium</b>             | 220mg 9%                 | 740mg 31%                                 | 220mg 9%                                            |
| <b>Total Carbohydrate</b> | 58g 19%                  | 58g 19%                                   | 64g 21%                                             |
| Dietary Fiber             | 3g 12%                   | 3g 12%                                    | 3g 12%                                              |
| Sugars                    | 9g                       | 9g                                        | 16g                                                 |
| <b>Protein</b>            | 7g                       | 7g                                        | 7g                                                  |
| Vitamin A                 | 0%                       | 2%                                        | 2%                                                  |
| Vitamin C                 | 4%                       | 4%                                        | 4%                                                  |
| Calcium                   | 6%                       | 6%                                        | 6%                                                  |
| Iron                      | 4%                       | 4%                                        | 4%                                                  |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories: | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Saturated Fat      | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS: PRETZEL NUGGETS:** WHEAT FLOUR BLEND (WHEAT FLOUR, ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)), WATER, SUGAR, GUAR GUM, MONO & DIGLYCERIDES, YEAST, SORBITAN MONO-STEARATE, ASCORBIC ACID, MOLASSES, SALT, CALCIUM PROPIONATE.

**CINNAMON SUGAR:** SUGAR, CINNAMON.

**SALT:** SALT

**CONTAINS: WHEAT.**